



# LOW ROPES AND TEAM INITIATIVES SPECIFIC RISKS

Along with General Overall Activity Risks

## Group Run Activity

Updated: 12 February 2024

Reviewed: 25 January 2026



| Risk  | Outcome if risk occurred   | Existing Risk Control Actions   | Residual Risk Assessment |             |             | Group Leader Required Risk Control Actions  |
|---|----------------------------|---|--------------------------|-------------|-------------|---|
|   |                            |   | Likelihood               | Consequence | Risk Rating |   |
| <b>People Dangers</b>   |                            |   |                          |             |             |   |
| Lack of Supervision and Unqualified Instruction                     | Injury                     | Adult leader with experience in the activity (preferable but not essential)<br>Activity Instruction Notes are provided prior to camp<br>Best Group size: 12-16 participants per group, can have multiple groups rotating through the elements | 2                        | 4           | M           | Provide adequate supervision and leader for the activity<br>Suitable First Aid Kit<br>Activity Leader to be familiar with teaching notes and expected safety procedures<br>Only one person (max. 2) at a time on the low rope elements with children spotting   |
| Falls/Slips   | Injury<br>Rope Burn        | Activity Instruction Notes outlining safe procedures  | 2                        | 4           | M           | Teach and ensure safe procedures with the Spotting ABCD, and SOS as outlined on Activity Instruction Notes<br>No wrapping of ropes around body parts  |
| Behavioural Issues<br>• Don't follow the rules<br>• Lack of control | Injury<br>Disappearance    | Activity Instruction Notes provided with suggested procedures and safety rules for running the activity.  | 2                        | 2           | L           | Outline safety procedures as in the teacher's notes before participation in the activity.<br>One person at a time on the low ropes with children spotting.<br>Regular head count  |
| Attire  | Rope burn<br>Cuts, bruises | Long shorts/Trousers, t-shirt/Sweat shirt, Sturdy enclosed shoes. Hair tied back securely. No dangling jewellery or watches.  | 2                        | 2           | L           | Check attire of participants before the activity begins and participants fill their water bottles prior to leaving the building   |
| Infectious illnesses  | Covid-19<br>Flu            | Hand sanitiser provided at main building  | 2                        | 3           | M           | Group leader to have participants sanitise their hands before leaving the building prior to activity. Limit social contact if appropriate   |
| <b>Equipment Dangers</b>  |                            |   |                          |             |             |   |
| Broken/Damaged Equipment  | Injury                     | Regular checking and maintenance of elements  | 2                        | 2           | L           | Correct instruction so equipment does not get damaged. One person (max. 2) on the low ropes at a time with children spotting.<br>Group Leader to check the area around the activity prior to beginning to ensure there are no hazards that could cause injury to participants.<br>Report any concerns |
| Rough timber/Sharp edges on elements                                | Splinters, cuts            | Regular checking and maintenance of elements  | 2                        | 1           | VL          | Check area prior to commencing activity, If unsafe go to next element<br>Report any concerns or if you felt activity was unsafe   |

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